

# Ontario Community Physiotherapy Clinic Program: Patient Information

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Ontario's Community Physiotherapy Clinic Program is available to eligible patients, to help people recover from recent illness, injuries and surgeries, or flare-ups of chronic conditions.



## Who is eligible?

You can enter the Program if you have experienced:

- ✓ A **recent** illness, injury, accident, or surgery that led to a decline in function or movement; or
- ✓ A **flare-up or worsening** of symptoms from a previous fall, accident, surgery, or chronic condition that led to a decline in function or movement.

You must also:

- ✓ Have a valid Ontario Health Card, and
- ✓ Be 65 years or older, 19 years or younger, or any age if you were discharged from hospital following an overnight stay or day surgery procedure within the last 12 months.
- ✓ You can also participate if you are approved for Ontario Disability Support Program (ODSP) or Ontario Works (OW) (no age requirement).



## Who is not eligible?

You are not eligible to participate in the Program if you:

- Want to keep an existing level of function or ability to move
- Want long-term rehabilitation
- Need specialized service (e.g. stroke or heart attack)
- Receive other physiotherapy services funded through WSIB, insurance, or other government-funded programs (including Total Joint treatment)



## What to Expect

Your physiotherapist will complete an assessment and determine your eligibility for service.

Your physiotherapy will end (discharge) when:

- ✓ You've achieved the goal(s) in your treatment plan, or
- ✓ You can achieve your goals on your own or through a home exercise, exercise and falls program, or similar program, or
- ✓ Continuing physiotherapy would not help you to improve.



## Do I Have to Wait?

Work-Fit has a waitlist for physiotherapy. Wait times vary due to number of referrals and urgency (patient conditions).

You have the option to:

- ✓ Be placed on the wait list
- ✓ Visit another clinic that offers this service ([www.ontario.ca/physiotherapy](http://www.ontario.ca/physiotherapy) for locations). Ask them about their wait times.
- ✓ Find coverage through private or workplace insurance
- ✓ Pay for physiotherapy services on your own

### More Information on other Community Services:

[www.ontario.ca/physiotherapy](http://www.ontario.ca/physiotherapy)

Visiting [www.ontario.ca/healthcareoptions](http://www.ontario.ca/healthcareoptions)

Contacting your Home and Community Care

Support Services ([www.healthcareathome.ca](http://www.healthcareathome.ca))